

# Queensland Race Walking Club Inc.

*Building on a fine tradition of race walking, 70 years in the making.*



June 19<sup>th</sup> 2025

## **QRWC RACE WALK JUDGING SEMINAR** **Saturday August 16<sup>th</sup>**

**Venue :** “The Meeting Place” University of Queensland athletics facility St Lucia

This seminar is open to anyone interested in becoming a qualified Race Walk Judge, existing judges to upgrade and refresh their qualifications or to anyone who just wants to learn about the rules of Race Walking and how they should be applied. We invite parents and athletes to attend from all clubs, Little Athletics clubs or even those outside the sport who want to find out what race walking is really about. The seminar is to prepare both for professional development as well as enabling current judges to undertake Australian Athletics Racewalk Judging exams.

The seminar will be presented by **Zoë Eastwood-Bryson**, World Athletics Gold Race Walking Judge. Zoë was awarded the Athletics Australia 2019 Official of the Year. She has been involved in athletics since 1975, starting out as a competitor in the javelin and discus then she first began officiating in 1980.



### **Draft seminar programme**

#### **Saturday**

09:00am	Registration
09:15am	Race Walk Rules Roles of judges and other competition officials . Pathways for judges - beginner to International events .
11:00am	<b>Break</b> Athlete Nutrition talk 20-30 minutes with Q&A Prac. on the track when judging
12.30pm	<b>Lunch</b> Completing paperwork Red Cards, Judges Record Sheet, Summary Sheet

15:30pm Video presentation: Judging Knees  
Video Trial  
Close

**The seminar is free of charge. Morning tea and a light lunch provided**

**Don't miss out !** Please send an email if you re interesting in attending this event to Noela McKinven [noelrhoda@gmail.com](mailto:noelrhoda@gmail.com) or return the seminar registration form.

**THIS WEEK**

**QUEENSLAND ROAD WALKING CHAMPIONSHIPS**  
**Sunday 22nd June QSAC**

All the best to the athletes taking part in the Queensland Athletics road walk championships at QSAC on Sunday morning.

**Please note the amended start times**

RACE #	START	DISTANCE	AGE GROUP
1	7.30am	20km	Open Men & Masters Men (30-59)
2	8.00am	20km	Open Women
		10km	Under 20 Men Under 20 Women
			Masters Women/Masters Men (60+)
3	9.00am	5km	Under 18 Boys Under 18 Girls
			Under 16 Boys Under 16 Girls
4	9.30am	3km	Under 14 Girls Under 14 Boys
5	10.00am	2km	Under 12 Girls Under 12 Boys
6	10.15am	1km	Under 10 Girls Under 10 Boys

## Entry Lists

### Event 2 Men 20000 Metre Race Walk Open

Sunday 22/06/2025 - 07:30

Comp#	Name	Age	Team	Seed Time
1	9018 Bradley, Alex	19	Qld Race Walking	2:00:00.00

### Event 3 Men 30-59 20000 Metre Race Walk Masters 30-59

Sunday 22/06/2025 - 07:30

Comp#	Name	Age	Team	Seed Time
1	9019 Cartwright, Simon	56	Qld Masters	2:50:00.00

### Event 1 Women 20000 Metre Race Walk Open

Sunday 22/06/2025 - 08:00

Comp#	Name	Age	Team	Seed Time
1	9020 Gannon, Brenda	51	Qld Masters	2:03:00.00

### Event 4 Women 10000 Metre Race Walk Under 20

Sunday 22/06/2025 - 08:00

Comp#	Name	Age	Team	Seed Time
1	9026 Chadwick, Phoebe	19	Qld Race Walking	NT

### Event 5 Men 10000 Metre Race Walk Under 20

Sunday 22/06/2025 - 08:00

Comp#	Name	Age	Team	Seed Time
1	9021 Housden, Bailey	18	Qld Race Walking	NT

### Event 7 Women 30+ 10000 Metre Race Walk Masters 30+

Sunday 22/06/2025 - 08:00

Comp#	Name	Age	Team	Seed Time
1	9020 Gannon, Brenda	51	Qld Masters	58:30.00
2	9028 Dale, Joy	54	Qld Masters	1:18:49.00
3	9031 McKinven, Noela	83	Qld Masters	1:34:38.00
4	9033 Sunderland, Nyle	58	Qld Race Walking	1:08:00.00
5	9034 Hibbs, Patricia	34	Qld Race Walking	1:14:25.00

### Event 8 Men 60+ 10000 Metre Race Walk Masters 60+

Sunday 22/06/2025 - 08:00

Comp#	Name	Age	Team	Seed Time
1	9023 Jimenez Solis, Ignacio	60	Qld Masters	53:00.00

### Event 9 Women 5000 Metre Race Walk Under 18

Sunday 22/06/2025 - 09:00

Comp#	Name	Age	Team	Seed Time
1	9035 Boulton, Olivia	16	GCA	NT
2	9036 Sharpe, Milly	17	Qld Race Walking	NT

### Event 6 Men 5000 Metre Race Walk Under 18

Sunday 22/06/2025 - 09:00

Comp#	Name	Age	Team	Seed Time
1	9037 Dale, Kai	17	Qld Race Walking	NT

### Event 10 Women 5000 Metre Race Walk Under 16

Sunday 22/06/2025 - 09:00

Comp#	Name	Age	Team	Seed Time
1	9038 Kelly, Eliza	15	Qld Race Walking	NT
2	9039 Moore-Kirkland, Bethany	15	Qld Race Walking	NT
3	9040 Waterman, Kiara	14	Qld Race Walking	NT

**Event 11 Men 5000 Metre Race Walk Under 16**

Sunday 22/06/2025 - 09:00

Comp#	Name	Age	Team	Seed Time
1	9041 Cooke, Noah	15	Qld Race Walking	NT
2	9042 Irvine, Koby	15	Bundaberg	NT
3	9043 Lockwood, Cory	14	GCA	NT
4	9045 Moore, Lachlan	14	Qld Race Walking	NT

**Event 12 Women 3000 Metre Race Walk Under 14**

Sunday 22/06/2025 - 09:30

Comp#	Name	Age	Team	Seed Time
1	9050 Boyd, Violetta	13	Qld Race Walking	NT
2	9069 Chapman, Taylor	12	Qld Race Walking	NT
3	9070 Conway, Violet	12	Qld Race Walking	NT
4	9071 Hooper, Elspeth	13	Gold Coast Victory	NT
5	9072 Welch, Isabella	13	Qld Race Walking	NT
6	9073 Wormald, Mackenzie	13	Gold Coast Victory	NT

**Event 13 Men 3000 Metre Race Walk Under 14**

Sunday 22/06/2025 - 09:30

Comp#	Name	Age	Team	Seed Time
1	9046 Hyde, Leo	12	Gold Coast Victory	NT
2	9047 Moore, Dylan	12	Qld Race Walking	NT
3	9048 Ramsay, Leo	13	Qld Race Walking	NT

**Event 14 Girls 2000 Metre Race Walk Under 12**

Sunday 22/06/2025 - 10:00

Comp#	Name	Age	Team	Seed Time
1	9075 Blackburn, Izzy	11	Qld Race Walking	NT
2	9076 Boyd, Luna	10	Qld Race Walking	NT
3	9077 Gorham, Jessica	11	Qld Race Walking	NT
4	9078 Hermus, Clara	10	Qld Race Walking	NT
5	9079 Sansom, Bella	10	Qld Race Walking	NT
6	9080 Sio, Willa	11	Qld Race Walking	NT
7	9081 Trickey, Nina	11	QA	NT
8	9082 Williams, Freya	11	Kingscliff A	NT

**Event 15 Boys 2000 Metre Race Walk Under 12**

Sunday 22/06/2025 - 10:00

Comp#	Name	Age	Team	Seed Time
1	9074 Robertson, Hayden	11	Qld Race Walking	NT

**Event 16 Girls 1000 Metre Race Walk Under 10**

Sunday 22/06/2025 - 10:15

Comp#	Name	Age	Team	Seed Time
1	9085 Chu, Lilli	9	Qld Race Walking	NT
2	9087 Park, Eliza	9	Qld Race Walking	NT
3	9088 Schipplock, Eve	9	Starfish Tri	NT
4	9089 Stephenson, Lily	9	New South Wales	NT

**Event 17 Boys 1000 Metre Race Walk Under 10**

Sunday 22/06/2025 - 10:15

Comp#	Name	Age	Team	Seed Time
1	9083 Lee, Yoshua	9	Qld Race Walking	NT
2	9084 Stephenson, Zachary	6	New South Wales	NT

## Can you lend a hand

This is a call for our club members to act as helpers for Sunday as lapscorers and timekeepers. A "spotter" for the lapscorers would be great as the curve of the course hides athletes until they are close. Even if you can only assist as a lapscorer for one race that would be a great help.

The course is located on a 1km loop under the outer stand in the main stadium at QSAC.

This course has not been officially measured and certified

## RESULTS RESULTS RESULTS

### QRWC Handicap #5 Yeronga

Sunday June 15<sup>th</sup>

#### A Grade 10km

Men: (1) Ignacio Jimenez 55.07 (2) Kai Dale 1.00.01 SB (3) Peter Bennett 1.10.47. Andrew Leggatt DQ.

Women: (1) Brenda Gannon 1.05.10 (2) Joy Dale 1.18.49 SB (3) Noela McKinven 1.36.46..  
Phoebe Chadwick DNS.

#### B Grade 5km

Women: (1) Eliza Kelly 29.03 (2) Nyle Sunderland 31.59 SB (3) Anne Weekes 35.59 (4) Kate Morris  
36.31 SB. Trish Hibbs DNS.

#### C Grade 3km

Men: (1) Lachlan Moore 14.36 (2) Leo Ramsay 17.42.SB.

Women: (1) Kiara Waterman 20.05

#### D Grade 2km

Boys: (1) Hayden Robertson 11.54 (2) Dylan Moore 12.48 SB.

Girls: (1) Izzy Blackburn 13.02 (2) Jessica Gorham 13.50 (3) Violet Conway 14.26.

#### E Grade 1.5km

Women: (1) Willow Sio 11.11.

#### F Grade 1km

Girls: (1) Lilli Chu 6.27

### Judges' Reports

13 k

416 c

438 k

600 kkKK

## NEXT WEEK

### QRWC Handicap Meet #6 Sunday June 29<sup>th</sup>

#### Kalinga Park, Clayfield

7.30am A Grade 10km

8.00am D Grade 2km

E Grade 1.5km

F Grade 1km

8.15am B Grade 5km

C Grade 3km

[ENTER HERE](#)

[QRWC Handicap #6 Sunday June 29th - Qld Race Walking Club - revolutioniseSPORT](#)

**Race Fees** \$5 / \$ 10 on the day

## STILL TO COME

COAST2COAST

July 10 - July 13

Gold Coast Performance Centre

*1 Sports Dr, Runaway Bay*

### Race Walking Programme

Sunday 13th July

9.15am 3000m Race Walk Under 16 Women

3000m Race Walk Under 16 Men

9.45am 5000m Race Walk Under 18 Women

5000m Race Walk Under 20 Women

5000m Race Walk Open Women  
5000m Race Walk Under 18 Men  
5000m Race Walk Under 20 Men  
5000m Race Walk Open Men

Entries close Monday 30th June, 9am

[Coast2Coast | GC Victory Athletics](https://www.goldcoastvictory.com.au/contact-us)

<https://www.goldcoastvictory.com.au/contact-us>

## **Sunday July 20<sup>th</sup> Racewalking Australia Postal Challenge Logan River Parklands, Beenleigh**

8.00am Open M/W 10km  
    U20 M/W 10km  
    U18 M/W 8km  
8.10am U10 M/W 1.5km  
    Invitation (Non-challenge event) 500 metres  
8.30am Invitation 5km (non-challenge event)  
    U16 M/W 5km  
    U14 M/W 3km  
    U12 M/W 2km

## **QMA Short Course Road Walks Championship**

### **Sunday July 20<sup>th</sup> Logan River Parklands, Beenleigh**

This event will be held in conjunction with QRWC Postal Challenge meet.

8.00am QMA Masters Men 10km  
    QMA Masters Men 5km (M60+ option)  
    QMA Masters Women 5km

### **About The Postal Challenge**

This is a virtual interstate meet whereby all Federation Race walking clubs from around Australia conduct the same programme of events.

RWA Rules

1. The Racewalking Australia State Challenge event is a RWA club-versus-club team's competition with points being awarded within each race to the top finisher for each club.
2. Walkers may compete in more than one event on the day provided the events are held at different times. A walker cannot walk in two different age groups in a concurrent race.
3. Age is now Age as at December 31<sup>st</sup> for all walkers including Masters.
4. Master's athletes will not be scored on their time but their age grading so all Masters athletes must submit their age at entry time.

### **Sunday July 27<sup>th</sup> QRWC Track Championships**

#### **University of Qld St Lucia**

8.00am Open M/W 5,000 metres  
    U20 M/W 5,000 metres  
    U18 M/W 5,000 metres  
8.45am U16 B/G 3,000 metres  
9.10am U14 B/G 1,500 metres  
    U12 B/G 1,500 metres  
9.25am U10 B/G 1,000 metres

### **UniSC Athletics Winter Carnival**

#### **Sunday 3rd August UniSC Athletics Track, Sippy Downs**

9.00am 1500m Walk 11 to 16 years

9.30am 700m 8yr Walk  
 1100m Walk 9 to 10yr  
 10.00am 3000m Walk 12 yrs to Masters

**QRWC Handicap Meet #10 Sunday August 10th  
 John Frederick Park, Capalaba**

7.30am A Grade M 15km  
 A Grade W 10km  
 QRWC 15km Championship M/W  
 B Grade 8km  
 8.00am E Grade 2km  
 F Grade 1km  
 8.15am C Grade 5km  
 D Grade 3km

**QRWC Handicap Meet #10 Sunday August 17th  
 Kalinga Park, Clayfield**

7.30am A Grade 10km  
 B Grade 8km  
 8.00am E Grade 2km  
 F Grade 1km  
 8.15am C Grade 5km  
 D Grade 3km

**QRWC Road Walk Championships Sunday August 31st  
 Logan River Parklands, Beenleigh**

8.00am Open & Masters 10km  
 Under 20 M & W 8km  
 Under 18 M & W 6km  
 Invitation Open 5km (non-championship)  
 8.15am Under 10 M & W 0.75km  
 Under 12 M & W 1.5km  
 8.30am Under 14 M & W 2km  
 Under 16 M & W 4km

*Please note that there have been some amendments to the programme*

**QRWC 2025 ROAD WALK SEASON**

**UPDATED : AS AT 12/06/2025**

March	30	Sign On / AGM	Kalinga Park	8.00am
April	4-8	AA U13-U18 Track Championships	Perth	
	5-6	QMA Track Championships	SAF	
	10-13	AA U20-Open Track Championships	Perth	
	18-21	AMA National Championships	Adelaide	
	20	Easter Sunday	No competition	
	27	Handicap Meet # 1	Beenleigh	8.00am
May	4	Handicap Meet # 2	Yeronga	8.00am
	11	Mother's Day	No club competition	

	18	Handicap Meet # 3	Capalaba	8.00am
	25	Handicap Meet # 4	North Lakes	8.00am
June	1	GC Championships	Mudgeeraba	8.00am
	8	LBG Federation Meet	Canberra	7.00am
	15	Handicap Meet # 5	Yeronga	8.00am
	22	QA Road Walk Championships/ QMA Long Course C/Ships	QSAC	8.00am
	29	Handicap Meet # 6	Kalinga Park	7.30am
July	6	Handicap Meet # 7	TBA	
	13	Handicap Meet # 8	TBA	
	20	Race Walking Australia Postal Challenge/QMA Short Course C/Ships	Beenleigh	8.00am
	27	QRWC Track Championships	UQ St Lucia	8.00am
August	3	UniSC Athletics Winter Carnival	Sippy Downs	9.00am
	10	Handicap Meet # 9	Capalaba	7.30am
	17	Handicap Meet # 10	Kalinga Park	7.30am
	24	AA Junior Road Walk Championships	Ballarat, Vic	9.00am
	31	QRWC Road Walk Championships	Beenleigh	8.00am
September	6-10	Oceania Masters Athletics Championships	QSAC	
	7	Father's Day	No competition	
	14	Relay/BBQ/ Presentation Day	Sandgate	

## Australian Junior Road Race Walking Championships

### Sun 24 August Victoria Park, Ballarat

**Important** : You must wear your State (QA) uniform at these championships i.e. not club or QRWC  
Contact [greg.ison@qldathletics.org.au](mailto:greg.ison@qldathletics.org.au)

#### **Draft Programme**

- 09:00 Under 20 10km Race Walk - Men
- 09:00 Under 20 10km Race Walk - Women
- 10:00 Under 18 5km Race Walk - Men
- 10:00 Under 18 5km Race Walk - Women
- 10:00 Under 16 5km Race Walk - Men
- 10:00 Under 16 5km Race Walk - Women
- 10:30 Under 14 3km Race Walk - Men
- 10:30 Under 14 3km Race Walk - Women
- 10:50 Under 12 2km Race Walk - Men
- 10:50 Under 12 2km Race Walk - Women



Oceania Masters Athletics (OMA) is bringing back the official OMA Championships in 2025. The 2025 Championships will be held from 6-10 September at the State Athletics Facility in Brisbane.

Find out more about the championships or to enter go to [www.oceania-masters-athletics.org](http://www.oceania-masters-athletics.org)

**REGISTRATION DATES:**

**Registrations close: Fri 25 July at 9:00pm (NO LATE ENTRIES)**

- Administration Fee \$90.00
- Event Fee - \$15.00

**Walks Programme**

Saturday September 6<sup>th</sup> 10km Road Walk

Monday September 8<sup>th</sup> 1,500 metre Track Walk

Wednesday September 10<sup>th</sup> 5,000 metre Track Walk

**Temporary QMA membership option to encourage local entries to our OMA2025 Championships**

Queensland Masters Athletics (QMA) is offering a **\$10 temporary membership option** to encourage local entries to the Oceania Masters Athletics (OMA) Championships being held in Brisbane in September.

This option also hopes to attract entries from the strong expatriate communities in Brisbane and south east Queensland, who are from some of the 22 OMA member countries in the Oceania region. These entrants will still be able to represent their home country at the Oceania Masters Championships event.

This \$10 temporary membership will allow potential competitors living in Queensland to enter the championships without having to purchase a full QMA membership. As well as providing insurance cover for the 2025 Championships, the temporary membership will also include access to attend up to three (3) events of QMA's 2025–26 Summer season.

Anyone living in Queensland aged 30 years and older, and interested in the \$10 temporary QMA membership option can select this option through the online registration process for the Championships, which is located at <https://emlsports.com/registration/oceania-masters-2025>

## 2025 Australian All Schools Athletics Championships Melbourne December 4-7<sup>th</sup>

Following the unforgettable success of last year's Chemist Warehouse Australian All School Athletics Championships, Australian Athletics is excited to announce Lakeside Stadium as the next host for the nation's premier school-aged athletics meet.

"Melbourne is a city steeped in athletics history and over the last few years has become the place to be for athletes across the world, thanks to the Maurie Plant Meet – Melbourne. We're thrilled to bring this event back to Melbourne and continue the momentum towards Brisbane 2032," Hollingsworth said.

The 2025 edition will take place from 4-7 December, with the National Schools Challenge taking place the following day on December 8<sup>th</sup>.

## WORLD RACE WALKING TOUR 2025

**25 OCT 2025** Lusatian Race Walking Weinauparkstadion, Zittau GER B Silver

**14 DEC 2025** World Race Walking Tour St Anne's Park, Dublin IRL C Bronze

## QRWC Uniforms

Wearing a club uniform at our club meets is desirable but not compulsory. All Race Walking Australia event competitors **MUST** wear the uniform of their Club, as registered with Race Walking Australia. Failure to do so may result in disqualification.

### IMPORTANT UNIFORM INFORMATION

If you are planning on going to Canberra in June for the LBG Carnival please make plans now to purchase a club uniform (please check that your current uniform still fits). If the club does not have your size in stock it can take up to 6 weeks to get them custom made. Avoid disappointment of a last-minute panic and contact the Uniform shop today. [Shop - Qld Race Walking Club - revolutioniseSPORT](#)

## Rules of Race Walking

*There are two basic rules in Race Walking:*

- *Contact: The athlete must never have both feet off the ground at once.*
- *Knees: The advancing leg must be straightened (not bent at the knee) from when the foot first makes contact with the ground until the vertical upright position*

### “L” Grade Trial for those new to racewalking

Would you like to be a competition race walker but just not confident enough at present to fully put yourself out there on race day? You can now test yourself and build up your confidence during our Sunday morning winter road walk meets.

Just register as a club member and enter the distance you would like to do. It is important though that you let us know if you wish to be in L grade as our handicapper & race officials all need to be aware of this. Please email club Secretary & Handicapper Noela McKiven if you wish to have a go at race walking as an L grader at [noelarhoda@gmail.com](mailto:noelarhoda@gmail.com)

In L Grade the following will apply

- Receive feedback from judges and coaches
- Will not be disqualified while in L grade.

- Stay in L grade until you feel comfortable enough to enter handicap races.
- Is for all ages.
- Eligible for starting and finishing points

This will be new to us as well so if you have any questions please ask. It will be important to remember to inform the Handicapper (before a race) if you no longer wish to be an L grade walker and want to compete in a Handicap race (for points).

### **QRWC Handicap Meets and Points**

At the end of the season trophies are awarded to the first three places, male and female, in each grade based on total accumulated points from club Handicap race meets during the season. For each grade the following table indicates the points to be allocated for each week's handicap races for males and females.

To maximise your points for the season it is recommended that an athlete stays in the same grade for the season. An athlete is permitted to change grades once in a season without losing points but you must notify the Secretary of your intentions beforehand.

An athlete must compete in at least 5 designated Handicap races during the season to be eligible for end of season handicap points awards.

### **Handicap Points - What does it all mean?**

At the end of the season trophies are awarded to the first three places, male and female, in each grade based on total accumulated points from club Handicap race meets during the season. For each grade the following table indicates the points to be allocated for each week's handicap races for males and females.

<b>Grade</b>	<b>Start Points</b>	<b>Completed Points</b>	<b>Best Season Performance</b>	<b>Handicap Points</b>
A	8	21	29	57,54,51,48,45,42,39
B	7	17	24	47,44,41,38,35,32,29
C	5	14	19	37,34,31,28,25,22,19
D	4	10	14	27,25,23,21,19,17,15
E	2	7	9	17,15,13,11,9,7,5
F	1	3	4	7,6,5,4,3,2,1

**Starting points** are awarded for starting the event.

**Completed points** are awarded for finishing the race distance.

The **Best Season Performance**. To be awarded handicap points for the best season performance, the member must have competed in a prior Racewalking Queensland or Queensland Athletics road walking event over the same distance during the current winter season.

To be eligible for Handicap Trophies a member must participate in a minimum of 50% of designated Handicap Races during the season.

**Handicap points** are awarded to the top 7 place-getters within the sealed or non-sealed handicaps as per the above table. The member placed 1st, based on the handicap results, receives the highest points while the member placed 7th, based on the handicap results, receives the least points, thus a member winning the handicap for the A grade men could be awarded a maximum of 115 points.

## Racewalking Queensland Management Committee 2025/26

**President:** P Bennett

**Vice President.** J Blackburn

**Secretary:** N. McKinven

**Treasurer** T Hibbs

**Committee:** S Pearson, I Jimenez, R Wales, J Dale, B Gannon, S Dale

**Patron:** S Perkins

**Registrar:** S Dale

**Handicapper** A Guevara / N McKinven

**Uniforms:** S Dale

**Publicity / Media** J Blackburn, C Chadwick

**Results** R Wales / N McKinven

**Newsletter Editor:** P. Bennett

**Equipment Officer.** Ignacio Jimenez & Noela McKinven

**Canteen Convenor** R Wales, J Dale

**Blue Card Co-ordinator** B Gannon

**Club Captains:** Phoebe Chadwick, Alex Bradley

**Vice Captains** Mia Bergh, Kai Dale

## Race Walk Coaching

If you are looking for coach or would like to be part of a training squad here are the qualified coaches in the club:

Noela McKinven Walks Level 4

Robyn Wales Walks Level 3

Shane Pearson Walks Level 3

Steve Langley Walks Level 3 Performance coach

Jasmine-Rose McRoberts Level 2 Club coach

Argenis Guevara Level 2 Development coach

Katya Martin Level 1

### Contact emails:

[qrwcl@optusnet.com.au](mailto:qrwcl@optusnet.com.au) Membership, coaching or general enquiries about the club

[racewalkqld@outlook.com](mailto:racewalkqld@outlook.com) Articles for the newsletter, to send in results, to join newsletter mailing list.

**About us ....***Racewalking Queensland* conducts its own winter road walk programme from April until September. Thank you to all our contributors of results & reports to this newsletter. We value your input.





Department of  
**Tourism and Sport**

The Queensland Government provided \$2,500 to the Queensland Race Walking Club to assist training and education volunteers to enable Queenslanders to participate in sport and recreation activities.’

## **WOOLWORTHS SUPPORTS QRWC**

**Woolworths** has very kindly and generously provided the QRWC with a **\$500**

**Woolworths eGift Card** in recognition of what the QRWC does to foster local sport and community spirit here in Queensland. This will be used for the benefit of all of our athletes as we continue to promote the positive impacts of exercise and healthy nutrition. Thank you **#WoolworthsSportsGrants**